

Health Requirements

Health checks are fundamental to almost all visa applications

What is the requirement I need to meet?

Your health will be assessed against published criteria, which are aimed at ensuring that:

- You are unlikely to pose a significant risk to public health.
- You are unlikely to require health services, residential care, or special education services at a level that would impose excessive costs or demands on New Zealand's health or education systems.
- You can undertake the activities required by your visa for example, studying or working.

The exact requirement will depend on the type and length of visa you are applying for.

How do I show that I meet the health instructions?

You may be asked to provide a medical certificate and a chest x-ray, which have been completed by an approved doctor and radiologist.

What if I don't meet the health requirements?

You may be able to apply for a medical waiver. This is where Immigration New Zealand (INZ) waives the health requirement.

How do I know if a medical waiver is available for me?

Medical waivers can be considered for most residence applications and some temporary visa categories, but not for all.

What factors does INZ take into consideration when deciding whether to grant a medical waiver?

- The nature and severity of the health issue;
- The expected demand and costs on New Zealand's health or education systems;
- Any mitigating circumstances, such as the actual level of costs and your likely contribution to New Zealand; and
- The purpose of the visa and your relationship to New Zealand (such as family connections or skills needed in the workforce);

Why choose Duncan Cotterill?

Duncan Cotterill's immigration team is experienced in guiding clients through every step of the visa application process, including where complex health issues arise. If you have concerns about meeting the health requirements or wish to discuss your eligibility for a medical waiver, contact our team today. We are here to help you realise your immigration goals and make your journey to New Zealand as smooth as possible.

Contact our immigration team today for expert advice tailored to your situation.

Contact us



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